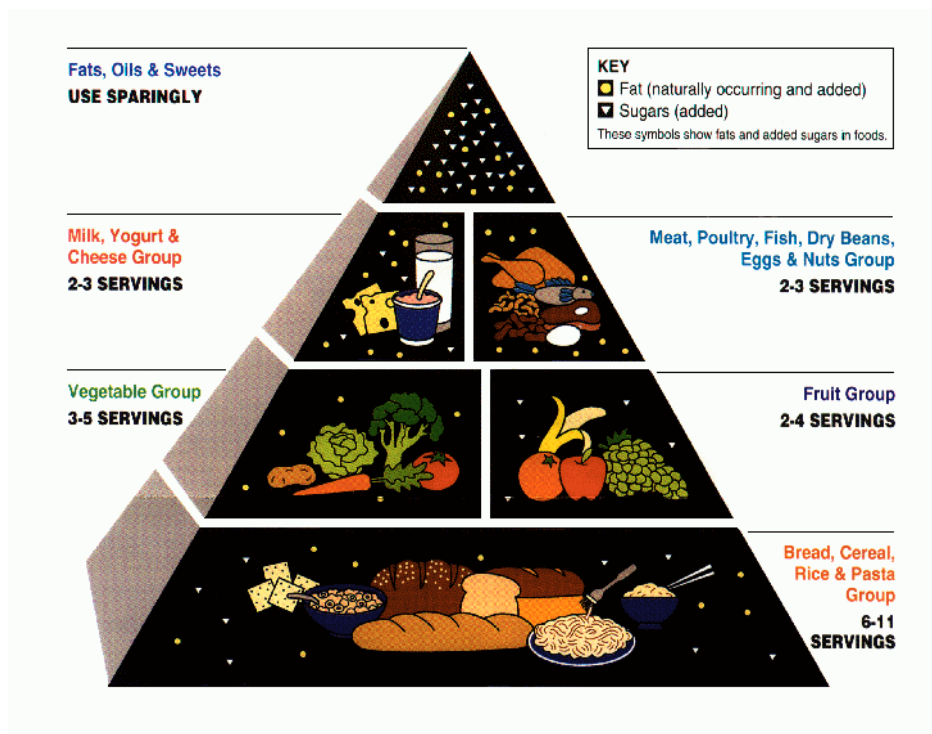


Wise Choice Learning Childcare (WCL) Nutrition

Parents are to provide packed meals and snacks daily.

Meals constituting at least one-third of the recommended daily allowance are to be packed, labeled and dated to be stored in an approved commercial refrigerator until the children's meal/snack time. At least one food from two of the four basic foods groups:



meat/protein alternative, bread/grains, fruit and vegetables (only 100% undiluted vegetable juice), dairy. Breakfasts, at minimum one serving of fluid milk, fruit or vegetable, bread or grains.